

MAFFRA NEIGHBOURHOOD HOUSE

ABN:82 368708 511 Inc. No. A0046894



31A Thomson St Maffra 3860 Opposite Maffra Primary School

Term 4: 6th October – 19th December 2025

Bookings are currently being taken for all courses and groups. Call us or pop in and have a look.

Phone: 0422 335 155

Open Monday to Friday from 9am—3.30pm

Email: office@maffraneighbourhoodhouse.com.au

Facebook: Like us, Maffra Neighbourhood House



Website: https://maffranh7.wixsite.com/maffranh

MEET PEOPLE, JOIN A GROUP, IMPROVE YOUR SKILLS!

Maffra Neighbourhood House is supporting

The 28th Annual Keith Hamilton TOY RUN!

Saturday 13th December 2025

Buy a toy or kid's clothes, Gift Card or make a cash donation. Donations can be left at Maffra Neighbourhood House 31a Thomson St

Ride departs from Sale Clocktower Mall at 9:00am Then meet at The Maffra Shed from 11:15am for the massed ride to Sale for the Presentation of toys at 12.30pm

Toys will be handed over to the Salvo's & St Vinnies for distribution from Sale to the Border. Details - Call Andy 0400 001969 or Australia6@redknightsmc.com

Keeping our toys in our area for our needy kids.

PRINTING AND COPYING

Photocopying at reasonable rates Monday to Friday, 9:30am - 3:30pm.

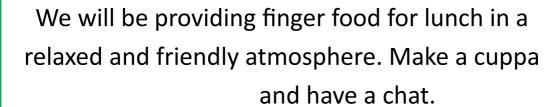


Thanks to the Maffra branch of the Bendigo Community Bank for a grant to sponsor the purchase of our copier, we can now offer this service to the public.

B&W A4 - 20c per copy
Colour A4 - 40c per copy
Extra 10c per page for double siding

CHRISTMAS NIBBLES COMMUNITY LUNCH

Come and join us for FREE Christmas get together.





Bookings Essential 0422 335 155

WHEN: Thurs 20th Nov TIME: 11.30 - 1:30pm



Supported by the Victorian Government through the Community Support Fund.

CHRISTMAS HAMPER PROGRAM

Maffra Neighbourhood House is facilitating a Christmas Hamper program for the local community to ensure those needing a little extra help can receive a food hamper for Christmas.

Nominate yourself or someone else in need to receive a hamper by calling or messaging us on 0422 335 155. Names and details are not published and only used to provide an appropriate hamper.



You must register your details no later than 1st December and live local to Maffra to be eligible. Recipients will be contacted when they are ready to be collected. ID must be shown to receive your hamper.



Maffra Neighbourhood House is assisting people to claim the round 5 Power Saving Bonus.

This round is open to concession card holders.

Call to make a booking Ph: 0422 335 155



Join us to discuss your hearing needs with a FREE 15-minute hearing check for adults at:

Maffra Neighbourhood House

FRIDAY 14th NOVEMBER 12:00pm till 2:00



Can I be a Foster Carer? We think you can!



If you have ever considered becoming a foster carer, we would love you to join us for an upcoming information session to explore what Foster Caring looks like at VACCA.

The Victorian Aboriginal Child and Community Agency has supported Aboriginal and Torres Strait Islander children, young people, families, and community members across Victoria for over 45 years.

Fostering is an opportunity open to everyone, regardless of work, relationship status, cultural identity or background and right now, we need your help to support children in Maffra and across Gippsland.

In this session our Gippsland assessment team will talk about how to apply, our training, assessment and accreditation process. We will also explain the core differences of caring for Aboriginal or Torres Strait Islander children and offer plenty of time to answer any and all questions you may have.

Register now and we look forward to seeing you there!

WHEN: Thursday evening 9th October

TIME: 6 - 7pm COST: FREE Bookings 0422 335 155

PUBLIC COMPUTER SPACE



We have 2 computers set up for public use.

Give us a call to book a time that suits.

Printing is available at an additional cost.

Cost is \$2. Phone 0422 335 155



2 Gardens open from 10am-1pm in Maffra





ANNE & TERRY PARKER AT 2 ROSEWOOD COURT MAFFRA

Situated on a 1000 square metre block: this garden was completely bare in 2006, it now has a variety of established trees, a native garden, flower beds, espaliered fruit trees, berries and vegetable beds. The garden encompasses a variety of gardening techniques and principles.



ANNETTE & LES WALKER AT 448 STRATFORD MAFFRA RD MAFFRA

At 14 years old, this garden is mostly native with beautiful trees and shrubs to encourage wildlife to make a home.



A Combined Neighbourhood House Project









The Heart of Gippsland

WELLINGTON
SHIRE COUNCIL

PROUDLY SUPPORTED BY THE Wellington Shire Council

FIRST AID and CPR

Thurs 23rd Oct & Tues 18th Nov 2025

HLTAID011 – Provide First Aid (Incl CPR) COST: \$155

Includes primary assessment, vital signs monitoring, fainting, shock, bleeding, wounds, burns and basic asthma and anaphylaxis awareness.

6pm - 9pm

HLTAID009 – Provide CPR update COST: \$65

Includes assessment, management and providing initial care and response to respiratory and cardiac emergencies. 6 - 7:30pm

HLTAID012 - Provide First Aid in an Education & Care Setting COST: \$180

A First Aid certificate is valid for three (3) years. The CPR component of the course is valid for 12 months and needs to be updated annually to keep your certification current. 6-9pm

All participants must have USI (Unique Student Identifier).

www.usi.gov.au

Conducted as a licensee of Life Saving Victoria Tim, Kathie & Jean Kemp

All students must enrol and complete online learning prior to the course date.

Bookings 0422 335 155 or **Kemp Aquatics 51 411 127**

RTO 21799





DIGITAL MATTERS -

gaining confidence

with computers

Runs for 3 sessions: Monday 10th, Monday 17th & Monday 24th Nov, 6.30pm - 8.30pm

\$15 per person for all 3 sessions.

with tutor, Thomas Crosbie



BOOK NOW

Maffra Neighbourhood House

0422 335 155

You will learn:

- being safe and secure online
- using email confidentaly
- useful apps and technology
- manging information on devices

Maffra Neighbourhood House 31A Thomson St, Maffra









Adulting Skills for Teens

Designed for school leavers and teens entering the workforce, this set of workshops will explain how to obtain the necessary documents you will need when you take the next steps after leaving school.



Facilitated by Leah Scott, local bookkeeper, qualified tax agent and mum, you can attend 1 or all 3 of these free workshops.

Session 1: My Gov and Medicare: Step-by-step on how to sign up, what ID is needed, how to link services, Security tips, understanding Medicare, what Medicare covers, how to get your own Medicare card, making claims and bulk billing vs private billing

Session 2: Centrelink, support services: Youth allowance overview, navigating Services Australia, when and how to seek help (financial, housing, mental health)

Session 3: TFN & working rights: Tax File Number (TFN) & Working Rights, why a TFN is important, how to apply, introduction to superannuation, payslips and understanding your first job.

WHEN: Wed 12th, 19th & 26th November

TIME: 4pm—5.30pm COST: FREE

Come by yourself, bring a friend or bring a parent.

COOKING WITH SBA KITCHENS

"The entertainer"

When putting together a cheese board, or grazing board, most of us tend to write a shopping list of dips, pates, pickled and marinated veg, crackers etc. In this session, discover how easy it is to make most of the elements for a grazing board in your own kitchen - homemade, fresh and super tasty! Loaded with family favourites, you will take home a box of treats including crackers, dips, pickles, terrine and more!



WHEN: Wed 29th Oct TIME: 10am - 2pm. COST: \$55



Feast Fit for Christmas

A delicious Christmas meal that won't break the bank!

On the menu, Chicken, Bacon & Avocado Salad with a Honey Mustard Dressing, Stuffed Mini Capsicums, Fresh & Zesty Quinoa Salad, Christmas Trifle and more...

WHEN: Wed 26th Nov

TIME: 10am - 2pm. COST: \$55

Both sessions Include a light lunch.

KIDS COOKING—After School Sessions

Increase your kids independence and confidence in the kitchen. Have the night off cooking while they prepare their own meal. At the end of each session, each child will have a container containing food to bring home, as well as a copy of the recipe(s)

Suitable for ages 9 to 14 for safety purposes, participants must have basic knife skills and the ability to listen and follow instructions.

Sweet and Sour anything!

Who doesn't love Sweet and Sour, just add prawns! Don't like prawns, how about fish, tofu, or cooked chicken or pork, even schnitzel or crumbed tenders! And to serve, all you need is plain cooked Jasmine rice.



WHEN: Tues 21st Oct TIME: 4 - 5:30pm COST: \$15.00.

Treats for Christmas



The last Kids session for the year and it's time to end on something sweet! A box of treats to take home and (hopefully) share with the family...

Amaretti Biscuits

Christmas Inspired Chocolate Bark

⚠ Gingerbread done a little differently!

WHEN: Tues 2nd Dec TIME: 4 - 5.30pm COST: \$15.00.

Bookings 0422 335 155 Dietary: All food will be gluten free, please advise other dietary requirements prior to booking, to ensure that the sessions will be suitable for your child.



Cheesemaking workshop

Join us in our six-hour Basic
Cheesemaking workshop & make
the following cheeses:

HALLOUMI - a wonderful cheese for frying

CHEDDAR - a hard cheese that is ready to eat quickly on sandwiches

FETA - wonderful in salads

COTTAGE - great as a toast topper or in an omelette

RICOTTA - used for a toast topper or for cooking

PANEER - lemon cheese used in Indian curries as a substitute for meat

CAMEMBERT – all-time favourite for a cheese platter

DANISH BLUE – another all-time favourite for your cheese platter

MOZZARELLA – great for pizza and pasta dishes

BURATTA – a wonderful topper for pizza or pasta dishes

MASCARPONE – a base for tiramisu, ice cream or topping on crepes

We will teach you how to make these wonderful cheeses within the workshop. All recipes & notes are supplied.

WHAT DO YOU GET? You will take home up to 1.5kg of the cheeses that are made during the workshops. Morning tea – cheese platter Lunch entrée – Halloumi Lunch – varies with the season

WHEN: Wed 19th Nov TIME: 9.30am—3.30pm COST: \$220

Maffra Community Expo

Have you ever thought of joining a local group or club, but don't know who to talk to? Come along and chat to them all under the one roof.

Many of our local organisations will be set up and ready to answer your questions. You can chat to 1 or chat to them all. Take away information for later or join a group. Come and see what Maffra has to offer. There will be a free sausage sizzle and free tea and coffee for the community.

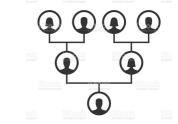
When: Saturday 6th December from 10-1pm

BEGINNERS GENEALOGY

Start your online family history search. Lyn will get you set up and started so you can join our regular monthly group. This session must be completed before attending the regular monthly sessions.

WHEN: Tuesdays by appointment

TIME: 10 am - 12 noon COST: \$5.00



GENEALOGY GROUP

Continue your online search into your family history with the genealogy group on our computers. Lyn has a wealth of knowledge to assist you to discover who you are.

WHEN: 3rd Tuesday each month. 21st Oct 18th Nov & 16th Dec

TIME: 10 am - 12 noon COST: \$2.00

PAPERTOLE - 3D DECOUPAGE WITH ALISON

Papertole or 3D decopage is a papercraft where identical images are cut and layered to create a 3D effect.

Produce a papertole artwork for Christmas.

This original artwork was created by Alison (Alee.artwork)



You will have a variety of Christmas animal images to select from including dogs, cats, reindeer etc.

WHEN: Tues 2nd Dec

TIME: 1-3pm COST: \$55

Bookings essential 0422 335 155

CHRISTMAS CENTRE PIECE

Lets create something special for your
Christmas table, hall stand or hang on the
wall. Its totally up to you. We will glue,
twist and turn Christmas decorations to
create your own centre piece that will have
everyone admiring your creative genius.
All materials supplied.

WHEN: Tues 25th Nov

TIME: 1-3pm COST: \$45



MR AND MRS RUDOLPH BAUBLES

Cute and fun! No sew Christmas baubles.

Create 2 baubles using fabric. No sewing. Join Rachel in making these unique Christmas decorations for your tree. These make great gifts!

All materials provided

WHEN: Tuesday 16th Dec

TIME: 1-3pm

COST: \$30

Bookings essential 0422 335 155



CHRISTMAS BAUBLES

Create 2 unique handmade Christmas baubles for your tree or to give as a gift.

Wide variety of fabric to choose from.

All materials provided

WHEN: Tues 18th Nov

TIME: 1-3pm

COST: \$30



JO's XMAS CARDS



Join Jo in learning how to hand make personalised Christmas cards. Skills learnt will include, folding, matting, die cutting as well as gaining ideas on designer paper and cardstock selection. Lots of designs and card to choose from.

All materials provided

2 sessions to choose from. Come to 1 or both!

WHEN: Monday 20th Oct & Monday 27th Oct

TIME: 1-3pm COST: \$5.00 for each session

Bookings essential 0422 335 155

CHRISTMAS DOOR SIGN

Painting, gluing and bow making are some of the steps to create your own personalised Christmas door sign.

Several templates to choose from.
All materials provided.

WHEN: Tues 9th Dec

TIME: 1-3pm

COST: \$30





DUNGEONS AND DRAGONS

Story telling at it best!

A table top game, for adult participants, played with your imagination.

Take a journey into fantasy worlds fueled by your own creativity with

Dungeon Master Mark. No experience necessary. Come along to

spend an afternoon going on adventures of the mind.

All materials provided. New players welcome.

Come as group or come on your own.

WHEN: Sundays 4 - 7pm

COST: \$3 per session

Bookings essential 0422 335 155

Are you running your own small D & D group and want to play with like minded people?
Ask us about running your own table with us.



WHIMSICAL MIXED MEDIA ART WITH ALISON

Using the principles of watercolour and pen, you will create a fun and quirky picture of a house or bird house.

This workshop is suitable for beginners and

all materials are provided.

WHEN: Monday 10th November

TIME: 10am – 12 noon COST: \$35

STRENGTH and BALANCE

Work out to your fitness level in the company of others.

All exercises are done from a standing or sitting position.

No getting down on the floor!

Cameron is running a monthly strength and balance session to keep you motivated to continue your fitness journey at home.

WHEN: Saturday 11th October and Saturday 8th November

TIME: 11am for 45 minutes

COST: \$15 per session

SENSHI FITNESS
REVEAL THE WARRIOR WITHIN

Bookings essential 0422 335 155

Limited Spaces. Book now to avoid disappointment.

We recommend you obtain advice from your healthcare professional to ensure this activity is suited to your personal needs. Enrolment required prior to commencement.

TECH HELP WITH DAVID

By appointment only on Fridays from 10am. Ph: 0422 335 155



Help with mobile devices.

Specialising in iPhone, iPad, Tablets, Laptops.

COST: Gold coin donation

BE WORK READYJobs on Farms

This course is aimed to help job seekers transition into entry-level employment or to provide a pathway into further study in the agriculture field



Monday 13th October Tuesday 14th October Monday 20th October Tuesday 21st October

BOOK NOW 5148 2100

coordinator@heyfield.net

All sessions will run from 9:30am - 2:30pm.
Cost: \$20 per person.
Bookings essential. Places are limited.

Heyfield Community Resource Centre 5 George Street, Heyfield VIC 3858

Be Work Ready - Jobs on Farms is an ACFE supported course.

This community training is brought to you by the Future of Heyfield Project.









SCRABBLE on FRIDAY

Scrabble is a classic battle of wits and words where every word counts. Using letter tiles, players take turns spelling out words in crossword fashion to score as many points

as possible. More than just a game, the Scrabble game improves your vocabulary as you are introduced to new words each time you play. Create new connections and bring letters and people together!

It's the game that always spells F-U-N.

WHEN: Every Friday afternoon

TIME: 1 - 3pm **COST:** \$2

New participants welcome. Call 0422 335 155 to book

CRAFT ITEMS FOR SALE

Items for sale have been hand knitted and sewn by our volunteers and our craft group participants, from donated materials.

Items include fingerless gloves, beanies, baby items, scarves and bags for all your shopping needs, Every item is reasonably priced.

GARDENING VOLUNTEERS WANTED!

We are also looking for active people with a green thumb or an interest in working outdoors to volunteer to help us maintain our garden beds. Equipment supplied. Must be willing to get a police check and working with children check.

All enquiries: Call Leahn on 0422 335 155.

CARD GAMES - 500

Join the Senior Citizens group in playing 500 on Monday and Thursday afternoons Bring a friend, bring a team or come by yourself.

You don't have to be a Senior Citz member to play!

WHEN: Monday & Thursday

TIME: 12:45 - 3:30pm

COST: \$2 per session

New players are very welcome.



JIGSAWS on THURSDAY

Completing jigsaws offers an educational experience which has the potential to develop a varied range of thinking skills, as well as patience and perseverance.

- Keeps spatial skills sharp
- Forces both sides of the brain to work together
- Improves short term memory loss
- Improves visual perception and coordination
- Lowers blood pressure and reduces anxiety

We have plenty of jig saws to choose from!

WHEN: Thursdays

TIME: 1pm - 3pm **COST**: \$2



SOCIAL ART

Do you want to draw or paint at home, but never find the time? Join a friendly group of like minded people, create paintings or drawings and benefit from the exchange of techniques or ideas. Bring your own project and we supply the tea and coffee.

WHEN: Every Friday
TIME: 10am - 3pm

COST: \$2

New participants welcome

CRAFT in COMPANY

New participants are welcome to join this friendly social group. Bring along your own project and work at your own pace. A great place to meet other crafties and enjoy good company over a

cuppa. Show your successes and learn some new skills

WHEN: Tuesdays

TIME: 10am - 12 noon

COST: \$2

FARMLINK CRAFT GROUP

Farmlink Craft Group meet on the first Friday of each month.

Join this group of experienced sewers to make items for charities or bring your own knitting/craft projects along for a fun few hours in a relaxed and friendly atmosphere.

New members are welcome to come along.

WHEN: Friday 7th November & 5th December

TIME: 10am - 3pm **COST**: \$2



MAFFRA NEIGHBOURHOOD HOUSE ROOM HIRE.

Maffra Neighbourhood house has 3 spaces for hire.

Each space is designed to suit specific activities. All spaces have access to the kitchen for tea and coffee making facilities.

We offer very competitive rates to local organisations. Call Leahn during office hours on **0422 335 155** for details.

**Hirers must have their own public liability insurance.

BOOK EXCHANGE

Come in and browse our wide selection of books. Bring a book

to swap or take a book and leave a gold coin donation.

Donations of clean, adult fiction and non fiction books are very welcome and much appreciated.

Please note: we cannot take gardening, cooking or reference books.





CARTRIDGE RECYCLING.

Cartridges 4 Planet Ark is an innovative recycling program that provides Australians with a free, easy and environmentally-accredited way to recycle their used printer cartridges.

You can drop off your used **Brother**, **Canon**, **Epsom**, **HP**, **Konica**, **Minolta**, **and Kyocera** cartridges here.





31A Thomson St Maffra 3860 Opposite Maffra Primary School

PHONE NUMBER 0422 335 155

Find our brochure with course information, photos, and more on Facebook! Come in to have a look or to talk about course ideas!



Thankyou to our generous sponsors Freemasons Victoria for use of their fabulous building.

THE PEOPLE'S PANTRY

FOOD RELIEF OPEN: Weekdays 9.30am—3pm (SCHOOL HOLIDAYS Mon and Thurs 1-3pm ONLY)

If you are in need of food relief, please pop in to see us, if not, consider donating new and unopened food.



Maffra Neighbourhood House and the people's pantry is supported by the Victorian Government through the Community Support Fund.