



MAFFRA NEIGHBOURHOOD HOUSE

ABN:82 368708 511 Inc. No. A0046894

Proudly supported by  Freemasons Victoria

**31A Thomson St Maffra 3860
Opposite Maffra Primary School**

Term 1: 27th January—2nd April 2026

Bookings are currently being taken for all courses and groups. Call us or pop in and have a look.

Phone: 0422 335 155

Open Monday to Friday from 9am—3.30pm

Email: office@maffraneighbourhoodhouse.com.au

Facebook: Like us, Maffra Neighbourhood House



Website: <https://maffrah7.wixsite.com/maffrah>

MEET PEOPLE, JOIN A GROUP, IMPROVE YOUR SKILLS!

\$100 POWER SAVING BONUS

FOR ELIGIBLE CONCESSION CARD HOLDERS



**Maffra Neighbourhood House is assisting people to
claim the round 5 Power Saving Bonus.**

This round is open to concession card holders.

Call to make a booking Ph: 0422 335 155



PRINTING AND COPYING

Photocopying at reasonable rates
Monday to Friday, 9:30am - 3:30pm.

Thanks to the Community Bank, Maffra and District for a grant to sponsor the purchase of our copier, we can now offer this service to the public.

B&W A4 - 20c each B&W A3 - 40c each
Colour A4 - 40c each Colour A3 - 80c each

Extra 10c per page for double siding

THE PEOPLE'S PANTRY

**FOOD RELIEF OPEN: Weekdays 9.30am—3pm
(SCHOOL HOLIDAYS limited days and hours)**

If you are in need of food relief, please pop in to see us, if not, consider donating new, in date and unopened food.

You must be a resident of Maffra and show ID.

**Maffra Neighbourhood House and the
people's pantry is supported by
Community Bank Maffra and District**

Community Bank
Maffra & District

 **Bendigo Bank**

GARDENING VOLUNTEERS WANTED!

We are looking for active people with a green thumb or an interest in working outdoors to volunteer to help us maintain our garden beds.



Equipment supplied. Must be willing to get a police check and working with children check.

All enquiries: 0422 335 155.

DYING TO KNOW

end of life planning and
palliative care explained

Tuesday 3rd March, 10am - 12.30pm

Maffra Neighbourhood House

31A Thomson Street, Maffra

Bookings on 0422 335 155

email:

office@maffraneighbourhoodhouse.com.au

*free information session supported by
Gippsland Primary Health Network. Light
morning tea provided*



An Australian Government Initiative



FIRST AID and CPR

Tuesday 17th Feb & Thurs 19th March

Daa

HLTAID011 – Provide First Aid (Incl CPR) COST: \$155

Includes primary assessment, vital signs monitoring, fainting, shock, bleeding, wounds, burns and basic asthma and anaphylaxis awareness.
6pm - 9pm

HLTAID009 – Provide CPR update COST: \$65

Includes assessment, management and providing initial care and response to respiratory and cardiac emergencies. 6 - 7:30pm

HLTAID012 – Provide First Aid in an Education & Care Setting COST: \$180 (Tues 17th Feb only)

A First Aid certificate is valid for three (3) years. The CPR component of the course is valid for 12 months and needs to be updated annually to keep your certification current. 6-9pm

All participants must have USI (Unique Student Identifier).

www.usi.gov.au

Conducted as a licensee of Life Saving Victoria

Tim, Kathie & Jean Kemp

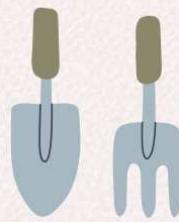
All students must enrol and complete online learning prior to the course date.

Bookings 0422 335 155

or Kemp Aquatics 51 411 127

RTO 21799





Heyfield Garden Club presents....

2026 Melbourne International Flower & Garden Show

THURSDAY 26TH MARCH

**Pick up locations: Sale, Maffra, Heyfield,
Rosedale & Traralgon**

**\$80 per person includes bus
and show entry**

**Bookings:
Heyfield Community Resource Centre
5148 2100**

Sue Jeremiah 0427 480 323

Payment required at time of booking



GET TECHY, GET READY—Emergency Preparedness

This FREE workshop is designed to help you stay informed, feel connected and be prepared in times of emergency.

Bring along your personal device, and our team will help you download emergency related apps on your phone, and show you how to use their functions. Light refreshments provided.

WHEN: Tues 10th March

TIME: 1-3pm **COST:** FREE

Feel free to call us with any questions : 1300 366 244



Join us to discuss your hearing needs with a FREE 15-minute hearing check for adults at:

Maffra Neighbourhood House

Thursday 12th February from 10.30am—12.30am



Cheesemaking demonstration workshop

Simple cheeses to make at home

Join us in our 90-minute Cheesemaking demonstration & learn how to make the following cheeses:

Halloumi a wonderful cheese for frying

Mozzarella great for pizza and pasta dishes

Ricotta used for a toast topper or for cooking

Labneh & Mascarpone, great for dips & cheesecakes.



You will learn how to make these wonderful cheeses and all recipes are available to take home. You will learn how to make these cheeses using ingredients that you will most likely have in your fridge or pantry.

You will get to sample the cheeses that are being made and we will also have other cheeses on a platter for you to sample.

WHEN: Wed 11th Feb

TIME: 6.30—8pm

COST: \$55

Bookings essential

0422 335 155





Cheesemaking workshop

Join us in our six-hour Basic Cheesemaking workshop & make the following cheeses:

HALLOUMI - a wonderful cheese for frying

CHEEDDAR - a hard cheese that is ready to eat quickly on sandwiches

FETA - wonderful in salads

COTTAGE - great as a toast topper or in an omelette

RICOTTA - used for a toast topper or for cooking

PANEER - lemon cheese used in Indian curries as a substitute for meat

CAMEMBERT – all-time favourite for a cheese platter

DANISH BLUE – another all-time favourite for your cheese platter

MOZZARELLA – great for pizza and pasta dishes

BURATTA – a wonderful topper for pizza or pasta dishes

MASCARPONE – a base for tiramisu, ice cream or topping on crepes

We will teach you how to make these wonderful cheeses within the workshop. All recipes & notes are supplied.

WHAT DO YOU GET? You will take home up to 1.5kg of the cheeses that are made during the workshops. Morning tea – cheese platter
Lunch entrée – Halloumi Lunch – varies with the season

WHEN: Sat 28th Feb **TIME:** 9.30am—3.30pm **COST:** \$220
Booking essential on 0422 335 155

COOKING WITH SBA KITCHENS

The Food of Greece

It's all about hospitality & sharing!



A culture where food is lovingly prepared, to be shared, using fresh seasonal vegetables and fruits, along with beans, grains, olive oil, fish, eggs, cheese and yogurt. Working together with others who attend on the day, you will prepare a vibrant, delicious feast to share as we sit, relax, eat and chat to finish the session.

Tzatziki, Roasted Feta & Red Capsicum, Horiatiki Salad, Fasolakia, Domates Gemistes, Garides, Saganaki, Moussaka, Karidopita

WHEN: Wed 11th March, **TIME:** 10am - 2pm **COST:** \$55

A Blessed Basket



Easter recipes from around the world

While the tradition of the blessed basket is from Europe, in this session our blessed basket will be full of recipes from around the world, from Singapore, Argentina, Spain, Lebanon and more...

Beef Murtabak, (Singapore), Fish Cakes (A family favourite!) Salatka Jarzynowa (Polish Vegetable Salad), Riz a Jej (Lebanese Chicken & Rice) Tarta Pascualina (Argentinian Spinach, Egg & Ricotta Pie) Gluten Free Carrot Cake Donuts, (My take on baked Spanish donuts) and Jamaican Easter Bun

WHEN: Fri 27th March **TIME:** 10am - 2pm **COST:** \$55

Both sessions Include a light lunch.

KIDS COOKING—After School Sessions

Increase your kids independence and confidence in the kitchen. Have the night off cooking while they prepare their own meal. At the end of each session, each child will have a container containing food to bring home, as well as a copy of the recipe(s)

Suitable for ages 9 to 14 for safety purposes, participants must have basic knife skills and the ability to listen and follow instructions.



A Greek theme

Hortopita Rolls and Warm Roasted Feta with Capsicum Dip



WHEN: Tues 24th Feb **TIME:** 4 - 5:30pm **COST:** \$15.00.

Make, Bake & Decorate Easter Bundts

WHEN: Tues 31st March
TIME: 4 - 5.30pm
COST: \$15.00.

All food will be gluten free.
Bookings: 0422 335 155



EVERYDAY TECH MADE EASY

Gain confidence with computers in
this beginner friendly short course

Staying safe online
using emails confidentially
useful apps and technology
storing information on devices
and much more....



Runs for 3 Tuesdays, starting
Tuesday 10th March,



\$30pp for all 3 sessions



6.30pm - 8.30pm



Maffra Neighbourhood House
31A Thomson St, Maffra

REGISTER NOW

0422 335 155

office@maffraneighbourhoodhouse.com.au



simple

SOCIAL MEDIA SKILLS

FOR COMMUNITY GROUPS

Setting up a facebook page
Instagram and free websites
Navigate, edit and manage sites
and more...

**Starts Thursday 5th March,
9am -12pm and runs for 3
Thursdays**



A **FREE** community workshop



REGISTER NOW

0422 335 155

**Maffra Neighbourhood House
31A Thomson St, Maffra**



Proudly supported by



ALL ABILITIES ART SESSIONS



Over 3 sessions, Join Jess in creating your own clay pot or vase. Decorate your vase and then make paper flowers for your pot.

Wednesday 11th Feb

Wednesday 11th March

Wednesday 25th March

Cost \$20 for each session

Time: 10am—12 noon





DUNGEONS AND DRAGONS

Story telling at it best!

A table top game, for adult participants, played with your imagination.

Take a journey into fantasy worlds fueled by your own creativity with Dungeon Master Mark. No experience necessary. Come along to spend an afternoon going on adventures of the mind.

All materials provided. New players welcome.

Come as group or come on your own.

WHEN: Sundays 4 - 7pm

COST: \$3 per session

Bookings essential 0422 335 155

Are you running your own small D & D group and want to play with like minded people? Ask us about running your own table with us.

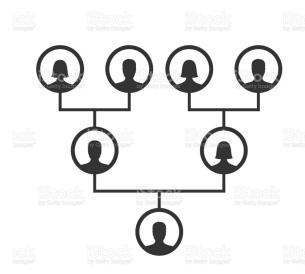
BEGINNERS GENEALOGY

Start your online family history search. Lyn will get you set up and started so you can join our regular monthly group. This session must be completed before attending the regular monthly sessions.

WHEN: Tuesdays by appointment

TIME: 10 am - 12 noon

COST: \$5.00



GENEALOGY GROUP

Continue your online search into your family history with the genealogy group on our computers. Lyn has a wealth of knowledge to assist you to discover who you are.

WHEN: 3rd Tuesday each month. 17th Feb & 17th Mar

TIME: 10 am - 12 noon COST: \$2.00



SCRABBLE on FRIDAY



Scrabble is a classic battle of wits and words where every word counts. Using letter tiles, players take turns spelling out words in crossword fashion to score as many points as possible. More than just a game, the Scrabble game improves your vocabulary as you are introduced to new words each time you play. Create new connections and bring letters and people together!

It's the game that always spells F-U-N.

WHEN: Every Friday afternoon

TIME: 1 - 3pm **COST:** \$2.00

New participants welcome. Call 0422 335 155 to book

CRAFT ITEMS FOR SALE

Items for sale have been hand knitted and sewn by our volunteers and our craft group participants, from donated materials.

Items include fingerless gloves, beanies, baby items, scarves and bags for all your shopping needs, Every item is reasonably priced.

PUBLIC COMPUTER SPACE

We have 2 computers set up for public use.

Give us a call to book a time that suits.

Printing is available at an additional cost.

Cost is \$2.00 Phone 0422 335 155



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CARD GAMES - 500

Join the Senior Citizens group in playing 500
on Monday and Thursday afternoons
Bring a friend, bring a team or come by yourself.

You don't have to be a Senior Citz member to play!

WHEN: Monday & Thursday

TIME: 12:45 - 3:30pm

COST: \$2.00 per session

New players are very welcome.



JIGSAWS on THURSDAY

Completing jigsaws offers an educational experience which has the potential to develop a varied range of thinking skills, as well as patience and perseverance.

- Keeps spatial skills sharp
- Forces both sides of the brain to work together
- Improves short term memory loss
- Improves visual perception and coordination
- Lowers blood pressure and reduces anxiety

We have plenty of jigsaws to choose from!

WHEN: Thursdays

TIME: 1pm - 3pm **COST:** \$2.00



SOCIAL ART

Do you want to draw or paint at home, but never find the time? Join a friendly group of like minded people, create paintings or drawings and benefit from the exchange of techniques or ideas. Bring your own project and we supply the tea and coffee.

WHEN: Every Friday

TIME: 10am - 3pm

COST: \$2 **New participants welcome**



CRAFT in COMPANY

New participants are welcome to join this friendly social group. Bring along your own project and work at your own pace.

A great place to meet other crafties and enjoy good company over a cuppa. Show your successes and learn some new skills

WHEN: Tuesdays **TIME:** 10am - 12 noon **COST:** \$2.00

FARMLINK CRAFT GROUP

Farmlink Craft Group meet on the first Friday of each month.

Join this group of experienced sewers to make items for charities or bring your own knitting/craft projects along for a fun few hours in a relaxed and friendly atmosphere.

New members are welcome to come along.

WHEN: Fri 6th February and Fri 6th March

TIME: 10am - 3pm **COST:** \$2.00



MAFFRA NEIGHBOURHOOD HOUSE ROOM HIRE.

Maffra Neighbourhood house has 3 spaces for hire.

Each space is designed to suit specific activities. All spaces have access to the kitchen for tea and coffee making facilities.

We offer very competitive rates to local organisations.
Call Leahn during office hours on **0422 335 155** for details.

****Hirers must have their own public liability insurance.**

BOOK EXCHANGE

Come in and browse our wide selection of books. Bring a book to swap or take a book and leave a gold coin donation.

Donations of clean, adult fiction and non fiction books are very welcome and much appreciated.

Please note: we cannot take gardening, cooking or reference books.



CARTRIDGE RECYCLING.

Cartridges 4 Planet Ark is an innovative recycling program that provides Australians with a free, easy and environmentally-accredited way to recycle their used printer cartridges.

You can drop off your used **Brother, Canon, Epsom, HP, Konica, Minolta, and Kyocera** cartridges here.



31A Thomson St Maffra 3860 Opposite Maffra Primary School

PHONE NUMBER 0422 335 155

Find our brochure with course information, photos, and more on Facebook! Come in to have a look or to talk about course ideas!



**Freemasons
Victoria**

Thankyou to our generous sponsors Freemasons Victoria for use of their fabulous building.

COMMUNITY LUNCH

Come and join us for **FREE** Community Lunch

Make a cuppa and have a chat.

WEDNESDAY 25TH FEBRUARY

12 NOON—1.30PM

Bookings Essential

0422 335 155

